

THE CONFLUENCE OF MARATHI LANGUAGE AND PSYCHOLOGY

In the Indian Knowledge Tradition

Sandip University's Centre for Indian Knowledge System (CIKS) Celebrates Marathi Language Pride Day

On February 24th, 2025, Sandip University's CIKS hosted a special event dedicated to Marathi Language Pride Day. The event celebrated the rich literary heritage of the Marathi language and explored its intersection with the Indian Knowledge System (IKS).

Keynote Session: Dr. Manoj Bhatwadekar

A highlight of the day was the keynote session by Dr. Manoj Bhatwadekar, a distinguished writer and psychotherapist. Dr. Bhatwadekar presented a compelling discourse on psychotherapy, bridging traditional and modern perspectives. His insights resonated deeply with the audience, offering a unique understanding of mental well-being through the lens of IKS.

Dr. Bhatwadekar also shared his personal journey of healing through yoga, further emphasizing the integral role of ancient practices in contemporary therapeutic approaches. His narrative underscored the potential of yoga and mindfulness in fostering psychological resilience.

Exploring the Intersection

The event successfully highlighted the profound connection between psychology, yoga, and folk traditions, all interwoven within the rich tapestry of the Indian knowledge system. Discussions centered around how these elements contribute to a holistic understanding of human consciousness and well-being.

Promoting Preservation

Marathi Language Pride Day 2025 served as a platform to promote the preservation and propagation of Indian languages and knowledge streams. By fostering dialogue and celebrating cultural heritage, the event reinforced the importance of safeguarding our linguistic and intellectual traditions for future generations. The event at Sandip University was a great success, and CIKS looks forward to hosting more events like this.

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