

Report on
‘EXPERT TALK’

- 1. Event Title:** Expert Talk
- 2. Event Date:** 25th February 2022
- 3. Event Conduction Duration:** 11:00AM – 12:00PM
- 4. Event Venue:** Seminar Hall Y-Building [Online (Google Meet)]
- 5. Event Resource Person Details:** Dr. Milind Kumavat (Beldar) (CEO of Panchaamrut Wellness Pvt.Ltd)
- 6. Name of Event Coordinator:**

Student Association of Mechanical Engineering (SAME) Committee

7. Event Objective & Outcome of the event:

Objective:

The expert talk was delivered by Dr. Milind Beldar from Panchaamrut Wellness Pvt. Ltd. The expert lecture was started by Introduction healthy lifestyle. The students showered with knowledge of “how can we manage our healthy routine in modern time”, importance of drinking water.

Outcome of the event:

Students get to know importance of fitness and healthy diet. How to avoid cross diet. Disadvantages of modern lifestyles. Most common skin problem in students.

8. Description of Event:

The expert talk was conducted on online platform (google meet) in seminar hall. The students were provided with meet link through WhatsApp. The meet started sharp at 11 am all students were of mechanical engineering from second year, third year & final year were present and in all staff members of mechanical department including HOD and S.A.M.E co-ordinators were also present at the time of seminar. There were 60 students online and 30 students attended session physically.

9. Event Photos:



