



SANDIP
UNIVERSITY
— UGC Recognised —

Sandip University, Nashik
School of Computer Science and Engineering (SOCSE)
Department of CSE

Report of Expert Lecture/Workshop/Symposium/Conference/Industry Visit/Meeting

Category of Event (Expert : Lecture
Lecture/Workshop/Symposium/Conference/Industry Visit/Meeting/Conference)
Title (Name of Event) : World Health Day
Schedule (Date(s) and Time) : 07/04/2025
Venue : S building SOCSE Sandip University
Duration : 1 Hr
Organizing Faculty/ Convener (s) : Dr. Pawan Bhaladhare
Organizing Department : CSE
Faculty Coordinators : Mr. Sanjeev Shukla
Total Number of Participants : 43
Expert(s) Profile :
Objectives : How to live healthy and happier life

About the activity

: On 7th April 2025, we have conducted a health awareness session for Second year students. The event is of an hour in which students were guided regarding regular activities like exercise/Yoga/Meditation for maintaining physical and Mental health sound.

We also focused on importance of strong health during academic and professional career.

In the event, guidelines was given on healthy habits and eating healthy food the importance of exercise, having a healthy meal and proper sleep, also encouraged to drink enough water. During the hot summer season to keep themselves hydrated. The importance of playing outdoor games was also explained to the participants. The celebration fulfilled its objectives of developing the deep understanding of the essential link between individual and collective health for a sustainable life.

Conclusion & Remarks

: The Participants promised to take care of their health and make our planet a healthier and happy place to live in.

Any other (as per requirements) :

Flyer (If applicable) :

Itinerary (If applicable) :

Geotagged Photographs :




News Coverage (If applicable) :

List of Participants: (attach detail list with Names and sign of participants)


Signature of Convener/Organizer




Signature of Head/Dean