

Sandip University, Nashik School of Computer Science and Engineering (SOCSE) Department of Computer Science and Application

Report of Expert Lecture "Woman Health & Hygiene

Category of Event (Expert): Expert Talk Title: Woman Health & Hygiene Schedule (Date(s) and Time): 13/01/2023 and 10:00 am to 12:00 noon Event Venue: Seminar Hall, Computer Department 'C' Building, SITRC Duration: 2 Hours Expert Person Details: Dr. Sneha Patil Organizing Department: Computer Science & Engineering Faculty Coordinators: Prof. Shilpa Bhojne & Prof. Supriya Bhosale **Total Number of Participants: 100 Objective of the Event:** To identify the meaning of women's health and explain the health promotion strategies. About the Event: The following concepts were discussed with the audience by Doctor: Women's health refers to the health of women, which differs from men in many different ways. Women's health is defined by the World Health Organization as "a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity". Good personal hygiene involves keeping all parts of the external body clean and healthy. It is important for maintaining both physical and mental health. Health

is an important factor that contributes to human well-being and economic growth.

Conclusion & Remarks: The session would be helpful to the participant to maintain the personal hygiene.

Photographs of Event:



