



Sandip University, Nashik

**School of Computer Science and Engineering (SOCSE)
Department of Computer Science & Application**

Expert Lecture on Mindful Learning

Category of Event (Expert Lecture/Workshop/Symposium/Conference/Industry Visit/Meeting/Conference)	: Expert Lecture
Title (Name of Event)	: Mindful Learning
Schedule (Date(s) and Time)	: 14 Sept 2023 and 10:00 PM to 11:00 AM
Venue	: C-5 S Building, Sandip University, Nashik
Duration	: 1.00 Hours
Organizing Faculty/ Convener (s)	: Mr. Hiralal Solunke
Organizing Department	: Computer Science & Application : Dr. Vipin Borole, Mr. Tushar Kaloge, Mr. Hiralal Solunke
Total Number of Participants	: 70 Participants
Expert(s) Profile	: Mr. Piyush Keshav, CEO, Orisson, Mumbai.

Objectives : This Session is useful for mindfulness, and meditation practices to support students' overall wellbeing. Students experience improved social-emotional health, executive functioning skills, and academic success. Mindful learning is an approach to education and personal development that draws from the principles of mindfulness, which is a mental practice rooted in Buddhist traditions. Mindfulness involves paying attention to the present moment without judgment and with an open and accepting attitude. When applied to learning, mindful learning encourages students and individuals to be fully present and engaged in their learning experiences.

About the activity : It is the offline activity for the First year Students of the Department of Computer Science and Application SOCSE, Sandip University, Nasik

Conclusion & Remarks : This session is really beneficial for the our students because mindfulness, and meditation practices to support students' overall wellbeing and Present-Moment Awareness

Any other (as per requirements) : Nil

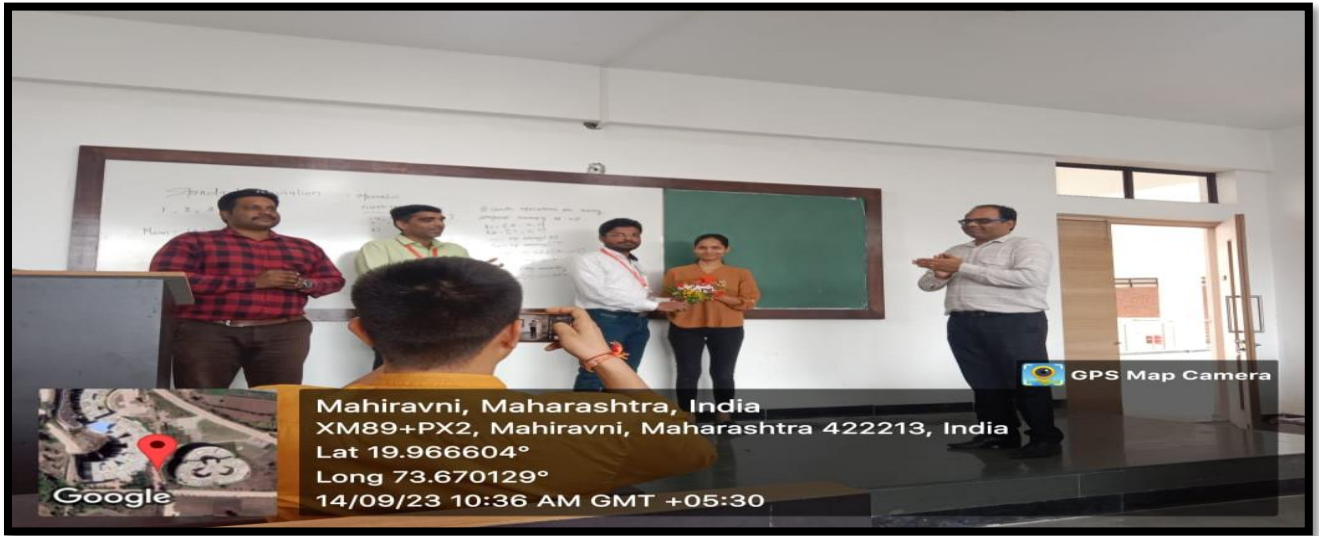
Flyer (If applicable) :

The flyer is for an event at Sandip University. It features the university's logo (a lion's head in a circle) and the text 'SANDIP UNIVERSITY UGC Recognised'. The event is organized by the School of Computer Sciences and Engineering, Department of Computer Science and Application. The main title is 'EXPERT SESSION on MINDFUL LEARNING for All Student's'. The resource person is Mr. Piyush Keshav CEO, Orisson, Mumbai. Co-ordinators are Dr. Vipin Borole and Mr. Tushar Kaloge. Mr. Hiralal Solunke is also mentioned. The venue is S Building, C-05, the time is as per the academic time table, and the date is 14th September 2023.

SANDIP UNIVERSITY
— UGC Recognised —

SCHOOL OF COMPUTER SCIENCES AND ENGINEERING.
Department of Computer Science and Application.
Organizes
EXPERT SESSION
on
MINDFUL LEARNING
for
All Student's
:-Resource Person-:
Mr. Piyush Keshav CEO, Orisson, Mumbai
:-Co-ordinators-:
Dr.Vipin Borole Mr. Tushar Kaloge
Mr. Hiralal Solunke
:-Venue-:S Building, C-05
:-Time-: As per Academic Time Table
:-Date-: 14th September 2023

Geotagged Photographs :



Sandip University, Nashik
School of Computer Science and Engineering
Department of Computer Science and Application

Course: FYBCA

Date: 14/09/22

Sr. No.	Name of Student	Sign
1.	MOONMOON Choudhary	
2.	shivani Thitame	
3.	Jayriddhi Shinde	
4.	Ojasswini Talele	
5.	Tanushri Deore	
6.	Shweta Ahir	
7.	Itapi Randive	
8.	Kantika Dattatray Sonar	
9.	Ashwini Eknath Patil	
10.	Kashish J. Pragyapati	
11.	Chaitali Pagar	
12.	Pallavi Shome	
13.	Asba Shukh	
14.	Sujal Tamboli	
15.	Pronav Thokur	
16.	Nimendra Bobade	
17.	Ishant Kashpag	
18.	Aditya Uberhode	
19.	Kenal Dhumal	
20.	Arifak bagu Vaibhav S. bagul	
21.	Nikhil Mahendra patil	
22.	Omkar Dattatray Kangne	
23.	Siddiqui Mahmud wasim	
24.	Jayesh chaudhari	
25.	Raj Gaikwad.	
26.	Siven Raul	
27.	Rushi manoj pardeishi	
28.	Yash Avinash Mahajan	
29.	Rvathamesh Deva chaurbhani	
30.	Om Daware	
31.	Rishi Shinde	
32.	Atharwa Kumbhar	
33.	Ghurnare Samarth mohade	

37.	Vidya Manohar Sonawane	
38.	Jashvi Purushottam Patil	
39.	Yashika V. Joshi	
40.	Gauri D. Tiwari	
41.	Dhanashri K. Patil	
42.	Mayuri Satish Desale	
43.	Shruti Kishor Dewale	
44.	Sayali Anomanand Dalal	
45.	Tanishka Anil Dalvi	
46.	Chandhal Ravindra Beere	
47.	Anushka Nidhi Lalit	
48.	Puja Vijay Velat	
49.	Shrawani S. Hingmire	
50.	Disha V. Arunde	
51.	Bhagyashri Sharad Sadhav	
52.	Ritu Niran Nahar	
53.	Pranjal Tejambhak Mahajan	
54.	Vidhvari Anil Walhe	
55.	Priya Balasakob Chakale	
56.	Aishwarya Yogesh Chaudhari	
57.	Tejaswini Vamika Chaudhari	
58.	Riya Dilip Bhadange	
59.	Ancha Yogeshwar Bagawane	
60.	Tarvi Santosh Kankharis	
61.	Sakshi Mahesh Beere	
62.	Rajeshwari Pravin Rajput	
63.	Shruti Nitin Patil	
64.	Tarvi Anrath Shrikhede	
65.	Harshada Bhikaji Pashat	
66.	Khandak Navnata	
	Pramila Navnath Salunkhe	
	Rutuja Kishor Rutkar	

Signature of Convener/Organizer

Signature of Head/Dean

