



The Women's Grievance Cell of Sandip University organised an informative and engaging workshop on **"The Usage of Sanitary Vending Machines and Menstrual Hygiene"** for all first-year female students under the guidance of Dr Prakash Burade, the Associate Dean, SOET and Dr. Mahendra Shinde, Head of the Department of Engineering Sciences. The event took place on 28th September 2024 at 2:00 pm in the Seminar Hall of the School of Engineering and Technology (SOET).

**Name of Coordinator:** Dr Sharayu Sonawane

**Co-coordinators:** Dr Varsha Rani Jha and Ms. Shailee Pandya

**Attendees:** Female Students and Faculty of the First Year B. Tech.

### **The primary focus of this workshop was:**

- Educate participants on how to effectively use the sanitary vending machines installed in SOET and SIEM.
- Spread awareness on maintaining menstrual hygiene and health.
- Provide a platform for female students to discuss their concerns related to health and hygiene in a safe and supportive environment.

### **Outcome of the Workshop:**

- The workshop was highly successful in achieving its objective of promoting awareness about menstrual hygiene and improving access to essential hygiene products on campus.
- The first-year female students gained practical knowledge on the use of sanitary vending machines, ensuring they can confidently access these resources in future.
- Furthermore, the awareness session and discussion platform promoted a deeper understanding of menstrual health, which is expected to lead to improve hygiene practices among the student community.

Overall, the workshop received positive feedback. The initiative is expected to have a lasting impact on the health and well-being of the female students at Sandip University. The Women's

Grievance Cell plans to conduct more such workshops in the future to continue raising awareness.

