

At Post Mahiravani, Trimbak Road, Nashik-422213, Maharashtra https://www.sandipuniversity.edu.in

EVENT REPORT

Event Name: Guest Lecture on Image Management for Greater Success

Date of the Event: 8th February 2025

Duration of the Event: 11:00 A.M. to 01:00 PM

Name of Guest: Ms. Tarini Tamrakar (Image Consultant and Soft Skills Trainer)

Name of the Event Coordinator: Ms. Rakhee Poonawalla (Assistant Professor, SOL) Sandip

University, Nashik.

Objective of the Event:

The School of Law, Sandip University, successfully hosted an insightful session on "Image Management for Greater Success" on 8th February 2025. The event aimed to enhance students' and professionals' understanding of personal branding, confidence-building, and professional appearance.

Highlights of the Event:

- The session was conducted by Ms. Tarini Tamrakar, a renowned Image Consultant and Soft Skills Trainer.
- The event was graced by distinguished patrons, including:
 - o **Prof. Dr. Rajendra Sinha**, Vice Chancellor
 - o **Dr. Sharvari Vaidya**, Dean, School of Law
 - o Pravin Bharti, Registrar

The Guest Discussed the following point:-

- 1. **Understanding Image Management:** Ms. Tamrakar elaborated on how personal image influences professional success and self-esteem.
- 2. **Effective Communication Skills:** Participants learned about verbal and non-verbal communication, body language, and etiquette.
- 3. **Dressing for Success:** The importance of dressing appropriately for different professional settings was discussed.
- 4. **Confidence and Self-Presentation:** Practical tips on posture, grooming, and mindset enhancement were shared.

SANDIP UNIVERSITY UGC Recognised

Sandip University, Nashik (MS), India

At Post Mahiravani, Trimbak Road, Nashik-422213, Maharashtra https://www.sandipuniversity.edu.in

5. **Interactive Session:** Attendees actively participated in a Q&A session, seeking advice on personal branding and confidence-building.

Conclusion:

The session proved to be highly beneficial for students and faculty, equipping them with essential skills to enhance their professional image. The engaging and interactive approach of Ms. Tarini Tamrakar ensured a meaningful learning experience.

The School of Law looks forward to organizing more such informative sessions that contribute to the holistic development of its students.

Place: Nashik

Date: 8th Feb 2025

Photos of the Programme:





At Post Mahiravani, Trimbak Road, Nashik-422213, Maharashtra https://www.sandipuniversity.edu.in







At Post Mahiravani, Trimbak Road, Nashik-422213, Maharashtra https://www.sandipuniversity.edu.in







At Post Mahiravani, Trimbak Road, Nashik-422213, Maharashtra https://www.sandipuniversity.edu.in







At Post Mahiravani, Trimbak Road, Nashik-422213, Maharashtra https://www.sandipuniversity.edu.in



Charansons

Event Co-ordinator
Ms. Rakhee Poonawalla