

Event Report

Event Name: World

Date of the Event: 29th September 2023

Duration of the Event: 10:30 A.M to 12:00 P.M.

Venue: Sandip University Campus.

Name of the Event Coordinator: Anuja Nehe, Assistant Professor, SOL.

Objective of the Program:

The purpose of this Heart Walkathon was to make students aware about the prevention and treatment of heart attack. Promoting a healthy diet, walking, exercise and regular physical activity is one of the main aspects of this initiative, which will promote heart health in the long run.

Outline of the Program:

School of Law organised Heart Walkathon for all the registered students, faculty members teaching and non-teaching staff of the university.

The walkathon started by discussing the objective of the celebrating world heart day. There after the students and faculty members. The walkathon started from School of Law, S building- to Olive Canteen- to Y building- To Neelam Sagar Dam- To Football ground- To Hotel Road- To O building and completing 1.5 kms of brisk walking.

The students also liked the activity apart from the academic stress. The lush greenery, fresh air and pollution free atmosphere around the campus was enjoyed by all the students. At the end everyone The event concluded with a photograph.

The registered students also received a certificate of completion of the Heart Walkathon.

Place: Nashik

Date:29/09/2023

Photos of the Programme:

 **SANDIP**
UNIVERSITY
— UGC Recognised —

SCHOOL OF LAW
INVITES
YOU TO CELEBRATE

WORLD HEART DAY
ON 29 SEPTEMBER 2023

HEALTHY HEART WALKATHON
"KEEP YOUR FEET MOVING AND YOUR HEARTS
PUMPING"

SCAN THE QR CODE TO REGISTER FOR FREE



All participants will receive a certificate after the completion of the walkathon.







SANDIP
UNIVERSITY
SCHOOL OF LAW
PRESENTS

CERTIFICATE
OF PARTICIPATION
TO

for completing HEALTHY HEART WALKATHON of 1.5 kilometers by promoting
and observing the importance of heart health to increase public awareness of
cardiovascular diseases, including their prevention and their global impact on



WORLD
Heart Day

2023

DR. G.S. RAJPAL

DEAN

Ms. ANUJA NEHE

EVENT CO-ORDINATOR

Event Co-ordinator
Anuja Nehe