## **Event Report**

Event Name: World Date of the Event: 29<sup>th</sup> September 2023 Duration of the Event: 10:30 A.M to 12:00 P.M. Venue: Sandip University Campus. Name of the Event Coordinator: Anuja Nehe, Assistant Professor, SOL.

## **Objective of the Program:**

The purpose of this Heart Walkathon was to make students aware about the prevention and treatment of heart attack. Promoting a healthy diet, walking, exercise and regular physical activity is one of the main aspects of this initiative, which will promote heart health in the long run.

## **Outline of the Program:**

School of Law organised Heart Walkathon for all the registered students, faculty members teaching and non-teaching staff of the university.

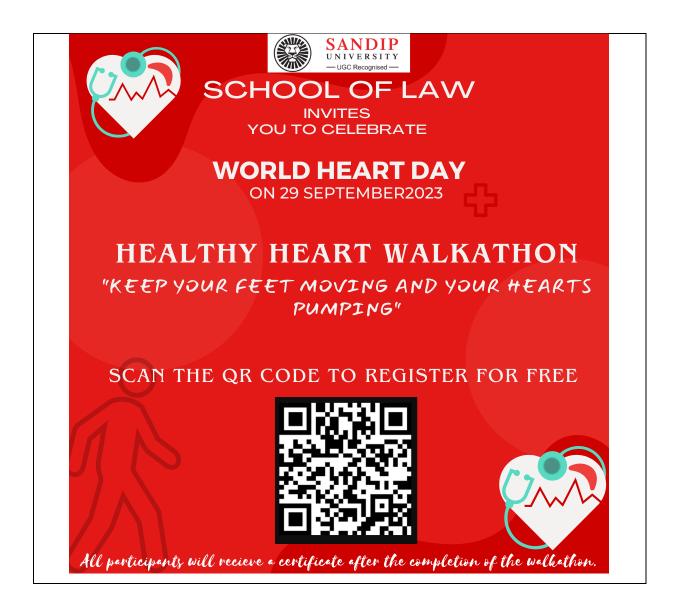
The walkathon started by discussing the objective of the celebrating world heart day. There after the students and faculty members. The walkathon started from School of Law, S building- to Olive Canteen- to Y building- To Neelam Sagar Dam- To Football ground- To Hotel Road- To O building and completing 1.5 kms of brisk walking.

The students also liked the activity apart from the academic stress. The lush greenery, fresh air and pollution free atmosphere around the campus was enjoyed by all the students. At the end everyone

The event concluded with a photograph.

The registered students also received a certificate of completion of the Heart Walkathon.

Place: Nashik Date:29/09/2023 **Photos of the Programme:** 









Event Co-ordinator Anuja Nehe