



'Health and Hygiene'

School of Commerce & Management Studies

Academic Year 2024-25

Subject: Report of guest session on 'Health and Hygiene'

1. Event Title: 'Health and Hygiene'

2. Event Date: 19th April 2025

3. Event Conduction Duration: 10 to 11 am

4. Event Venue [Location]: Classroom M23

5. Organizer of the Event (Faculty):

1. Dr. Shruti Shouche
2. Mr. Rushikesh Patil

6. Number of students: 89

7. Event Outline, Objectives and Outcome of the event:

The School of Commerce and Management Studies (SOCMS) organised a guest session on 'Health and Hygiene' on 19th April 2025 between 10 and 11am. Dr. Shalom Sayed, a Global health expert and epidemiologist, addressed students on maintaining personal health and hygiene. She also spoke on menstrual health care and caution to prevent various issues related to it.

The event was organized to give insights about dos and don'ts of health care.

The lecture aimed to achieve the following specific objectives:

Experiential Learning: Enable students to get importance of health care and to understand relation between hygiene and health.

Motivational Learning: Motivate students to maintain body health as the basic key factor for their personal as well as career growth.

Positive behavioural Takeaways: To bring a positive change in the improper eating, drinking and other day to day habits of the students, which are harmful for their health and wellbeing. To provide practical tips for maintaining personal and community hygiene standards.

8. Photo:









Report Prepared by: Dr. Shruti Shouche

Asst. Prof.

SOCMS