

CEP Visit- Poshan and Swasthya

**Title of the Event: Community Engagement Programme Academic
Year: 2026-27**

Date of event: 11.09.2026

Venue: Talegaon, Anjineri

Time: 10.00 am to 1.00 pm

Name of Coordinator: Pratiksha Magar, SOS, SUN

Number of Participants: 15

Organizing Committee: Department of Biological Sciences, SOS, SUN

Brief description of the Event

The Department of Biological Sciences, School of Science, Sandip University, Nashik, organized a **Community Engagement Programme** at the Anganwadi Centre, Talegaon Anjaneri, Nashik, on **11 September 2026**. The programme was conducted by the **Third Year B.Sc. students** with the theme **“Poshan and Swastha” (Nutrition and Health)**.

The visit aimed to create awareness among children, parents, and the local community regarding the importance of balanced nutrition, personal hygiene, healthy eating habits, and overall well-being. The students interacted with the Anganwadi children and community members and shared simple, practical information about nutritious food choices, the importance of fruits and vegetables, adequate hydration and lifestyle practices. The activity provided students with an opportunity to apply their academic knowledge in a real-life community setting while developing social responsibility and communication skills.

Objectives of the Visit

- To create awareness about the importance of **balanced and nutritious food** for healthy growth and development.
- To educate children and community members about **personal hygiene and sanitation**.
- To promote awareness regarding the consumption of **locally available, nutritious, and affordable food**.
- To highlight the importance of fruits, vegetables, pulses, cereals, milk, and other nutrient-rich foods in daily diets.
- To develop **community awareness, social responsibility, and communication skills** among TY B.Sc. students.

Outcome of the Event

The programme successfully created awareness among Anganwadi children and community members about basic nutrition, hygiene, and healthy lifestyle practices.

Impact on Society

The programme had a positive impact on the local community by promoting awareness about **nutrition, hygiene, and preventive health practices**. Awareness regarding nutritious locally available foods can contribute to improved dietary practices and healthy development among children. The initiative also strengthened the university's commitment to **community engagement and social responsibility** by connecting students with real-world health and nutrition concerns. Such programmes can contribute to building a healthier, more informed, and responsible community.

Conclusion

The **“Poshan and Swastha” Community Engagement Programme** was a meaningful educational and social initiative. The visit provided TY B.Sc. students with valuable practical exposure while enabling them to contribute to health and nutrition awareness at the community level. The programme successfully bridged the gap between **classroom learning and community**

service and reinforced the importance of nutrition, hygiene, and preventive health in promoting overall well-being.

Event E-banner/Poster:



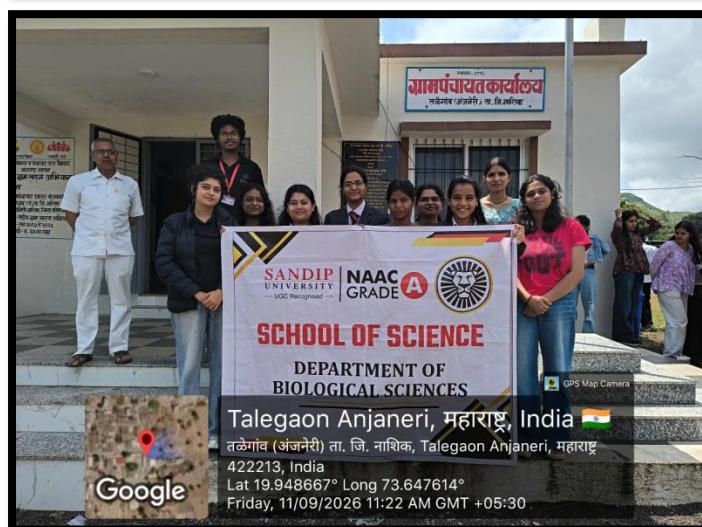
Event Photos:





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Students and Staff of Department of Biological Sciences at Talegaon, Anjaneri for CEP Visit

Head
Department of Biological Sciences

Associate Dean (SoS)