



Mahiravani, Trimbak Road, Nashik – 422 213

School of Science

Event Activity Report - "Guest Lecture on World Health Day"

Academic Year: 2024-25

College Name: School of Science, Sandip University, Nashik

Event Date: 28.04.25

Duration in days: 1 day

Participants: BSc and MSc Students from the Department of Forensic Science

Event Coordinator:

1. Ms. Akansha Raut, Assistant professor

2. Ms. Yukta Guglot, Assistant professor

Introduction

The Department of Forensic Science, School of Science, Sandip University, Nashik, organized a guest lecture event on 28th April 2025 on the occasion of World Health Day. The event aimed to raise awareness about the importance of physical, mental, and forensic health. Distinguished guest speakers and in-house faculty members delivered insightful sessions, enriching the knowledge base of the students.

Objective

The primary objectives of this guest lecture were to:

- Highlight the importance of maintaining physical and mental health.
- Provide students with exposure to the interdisciplinary aspects of forensic science and its role in health.
- Create awareness about career opportunities related to health and forensic science fields.

Activities Conducted

During the event, three enlightening sessions were conducted:

1. Lecture by Dr. Ameya Gaidhani:

Dr. Ameya Gaidhani, a renowned Doctor of Ayurveda from Nashik, delivered an insightful lecture on **Physical Health Maintenance**. He emphasized the importance of a

balanced lifestyle, the role of Ayurveda in daily living, and preventive healthcare measures.

2. **Lecture by Dr. Mohamad Irshad:**

Dr. Mohamad Irshad from the Department of Forensic Medicine, MPGIMER, MUHS Nashik, delivered a session on **Forensic Science Topics**. He covered the significance of forensic medicine in legal investigations, methods of postmortem examination, and advancements in forensic technologies.

3. **Lecture by Ms. Nidhi Pandya:**

Ms. Nidhi Pandya, Assistant Professor from the Department of Forensic Science, School of Science, Sandip University, gave a comprehensive talk on **Mental Health and Psychology**. She discussed the mental health challenges faced by students and professionals, coping strategies, and the role of psychological assessment in forensic cases.

Impact and Response

The guest lecture sessions were highly informative and well-received by the students. They enhanced the students' understanding of holistic health management and the interdisciplinary link between forensic science and health. The interactive Q&A sessions sparked enthusiastic discussions, providing valuable insights into practical applications and real-world challenges.

Conclusion

The guest lecture event organized on the occasion of World Health Day was a resounding success. It achieved its objectives of educating students about physical, mental, and forensic health while encouraging them to integrate these aspects into their personal and professional lives.

Acknowledgment

We extend our heartfelt gratitude to Sandip University, Nashik, for providing the platform for this enriching event. Special thanks to Dr. Ameya Gaidhani and Dr. Mohamad Irshad for their valuable time and expert lectures. We also appreciate the efforts of Ms. Nidhi Pandya and the student participants for making this event impactful and engaging.



Akansha Raut

Ms. Akansha Raut
Event Co-coordinator
School of Science

Dr. Nissar A. Reshi

Dr. Nissar A. Reshi
Associate Dean
School Of Science